

※食物アレルギーのある児童・生徒は、給食を食べる前に裏面の「詳細献立表」で内容を必ず確認しましょう。家庭・学級においても毎日確認してください。※児童生徒の給食費(小学校5600円、中学校6000円)は市が負担しています。

Table with 2 columns: 食品群 (Food Group) and 体内では何を作るか (What it produces in the body). Rows include 赤の食品 (Red), 黄の食品 (Yellow), and 緑の食品 (Green).



Table showing school lunch nutrition standards (学校給食の栄養基準量) for elementary and middle schools, categorized by energy (C), protein (P), and fat (F).

Introductory section for April featuring a large '入学・進級おめでとう' (Welcome to school/Level up) banner, a message from the school, and a list of '給食から学べること' (What you can learn from school lunches) such as healthy eating and local products.

Section for April 6th-10th. Includes a '安全においしく給食を食べるための約束' (Promises for safe and delicious school lunches) and a '1学期スタート' (1st Semester Start) menu for April 9th and 10th.

Section for April 13th-17th. Features menus for April 13th, 14th, 15th, 16th, and 17th, including items like 'せんぎりイリチー' and 'コーンしゅうまい'.

Section for April 20th-24th. Features menus for April 20th, 21st, 22nd, 23rd, and 24th, including items like 'マカロニサラダ' and 'ごもくあつやきたまご'.

Section for April 27th-30th. Features menus for April 27th, 28th, 29th, and 30th. April 29th is '昭和の日' (Showa Day) with a car illustration. April 30th is '欠食予定' (No school lunch) for certain middle schools.

※主食のごはんは「いちば」に製造配送を委託しています。(炊き込みごはん・ジュース・リゾット・ヤファラジュース等は平良調理場で作っています)